

Expert Support for Parents, Carers and Families

Together Parenting

What other parents have said:

'The support has given my family a new look on life'

What was good? '...having Sue and Kevin come around my house and always at the end of the phone'

'I would recommend the Service to others'

After one session: 'x and I have discussed meeting this week...we feel things have settled down and the meeting is not necessary...thanks for all your support and I have your number if I need you in the future'

(Evaluations provided by Department of Health Pilot Project, 2009).

Together Parenting

What happens when we see you?

Two of our parent workers will meet with and discuss why you feel you would like support.

They will discuss what we can offer. This is different for every family as every family is unique.

We will look at what works well in your family and areas that you feel need to be improved on.

We will support you to:

- ❖ Achieve what you want for your family
- ❖ Know and be confident to challenge behaviour and set limits
- ❖ Develop positive relationships within your family
- ❖ Plan and prepare for challenging situations
- ❖ Improve communication and negotiation with family members

You may feel your son or daughter needs support too.

We can provide a key worker who will meet with them and deliver the same support as the parent worker. This will reduce conflict as you learn together and improve things at home.

free2talk

Workers

What you can expect:

- Respect
- We'll listen to you
- We'll help you to solve problems
- Decisions made together where possible
- Qualified and experienced workers